You are not STRUGGLING ALONE Addiction CAN BE Powerful but CHANGE IS POSSIBLE A Single call can CHANGE EVERYTHING; don't LOSE HOPE CALL US NOW at 186 All CALLS are TOLL FREE All CALLS are CONFIDENTIAL WE ARE AVAILABLE 24/7

# THE KESHET FOUNDATION OF BHUTAN CAN HELP YOU MAKE A DIFFERENCE IN YOUR LIFE

# Don't lose hope CALL NOW at 186

PAST

FUTURE



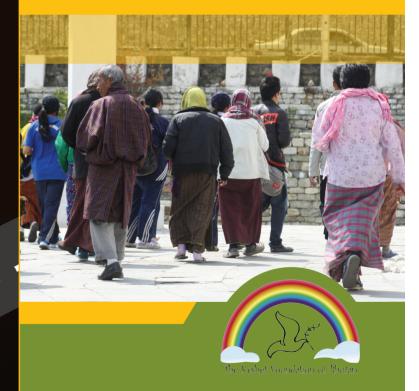
# Solicit Funds through:

- CONTRIBUTION
- DONATION
- GRANT
- CHARITY

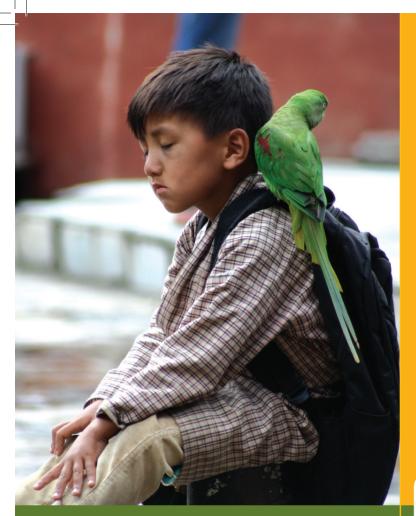
Contact us at: **The Keshet Foundation of Bhutan, Post Box: 641** Changdephu (Above Druk School), Thimphu : Bhutan Tel : +975-2-341069, Fax : +975-2-341068



Make a difference in the lives of people



To provide a rescue service for youth and their families who are caught in the destructive worlds of drug dependence and alcoholism or are undergoing depression



### **OBJECTIVES**

- » Create awareness and HOPE
- » Re-build broken lives
- » 24 hour helpline and counseling service
- » Building partnership projects
- » Youth Exchange Program
- » Creative engagement
- » Pathway to a better future
- » Skill training for job opportunities
- » Second chance education for skill development
- » Crime fighting project
- » Advocacy to address mental health needs or counseling
- » Leadership and entrepreneurship training and financial support
- » Career counseling
- » Partnering with youth to research mental health





MOTTO:

Make a difference in the lives of people

#### **OUR VALUES:**

Treat every person with HONOR and RESPECT

## **SERVICES**

- » Counseling services for both clients and families
- » Detox Centre
  - The initial Detox Centre provides immediate and long-term relief for individuals with drug and alcohol addictions. It has 12 beds and is located in Chang-Daphu (above Druk School).
  - The new Detox Centre (to be built within 2 years) will provide the same services and will include a hostel, volleyball and basketball courts, swimming pool, fitness club, steam and sauna, and a meditation centre. It will be located at Yusipang, about 20 minutes from Thimphu city.
- » Case Management & Referrals
- » Parenting /Family Services
- » Livelihood Skill Education
- » Project Management Training



### Vision

To advocate for the prevention and treatment of alcoholism, drug dependency and related conditions for all people in order to become a symbol of hope for recovery.

## **INTRODUCTION**

Keshet Foundation of Bhutan was formally registered with the Civil Society Organization Authority on 7th November, 2013. It is registered as a Public Benefit Organization.

#### Chief Patron: Mrs. Sonam Wangmo

#### Primary Source of Finance

- Rainbow Tours & Treks
- Naksel Boutique Hotel & Spa Pvt Ltd